

## REPUBLIC OF THE PHILIPPINES REGIONAL DEVELOPMENT COUNCIL-X Northern Mindanao

## **REGIONAL DEVELOPMENT COUNCIL-X** Resolution No. 44 (s. 2021)

## SUPPORTING AND ADVOCATING THE REGIONAL NUTRITION COMMITTEE-REGION X RESOLUTION NO. 1 (SERIES OF 2020) ENTITLED "MOBILIZING LGUS OF NORTHERN MINDANAO FOR THE FIRST 1000 DAYS (F1K) PROGRAM" TO THE LOCAL GOVERNMENT UNITS, CONCERNED REGIONAL LINE AGENCIES, AND OTHER STAKEHOLDERS IN REGION X

- WHEREAS, the first 1000 days of life, which is the time spanning roughly between pregnancy and the child's second birthday, is seen as the golden window of opportunity and foundation of optimum health, growth, and neurodevelopment;
- WHEREAS, based on the 2019 Expanded National Nutrition Survey (ENNS), three out of 10 or 28.8 percent of children below five years old are stunted;
- WHEREAS, stunting not only affects children's health by making them more susceptible to disease and infection, but also impairs their mental and physical development, which implies that children who suffer from stunting are less likely to achieve their full height and cognitive potentials as adults;
- WHEREAS, to promote health and nutrition and defend the rights of children, including the right for proper care and nutrition, there is a need to scale up efforts through adoption and implementation of national laws and policies at the regional and local levels;
- WHEREAS, the Philippine Plan of Action (PPAN) 2017-2022 is a results-based plan of action to stem the progression of Filipino problems on nutrition, such as wasting, stunting, micronutrient deficiencies, and overweight and obesity, of which First 1000 Days (F1K) Program is a priority program and part of its strategic thrusts;
- WHEREAS, to implement programs and activities that will result in good nutrition during the first 1000 days of life and strictly implement laws and policies that support, protect, and promote good nutrition, such as Republic Act (RA) 11148, RA 10028, EO 51, RA 7600, the Regional Nutrition Committee of Region X (RNC-X) passed Resolution No. 1 (series of 2020), mobilizing local government units (LGUs) of Northern Mindanao for the F1K Program;
- WHEREAS, the RNC-X as the governing body of LGUs on nutrition with the Department of the Interior and Local Government-Regional Office 10 (DILG-10) is tasked to monitor and evaluate program implementation of the First 1000 Days;

RDC-X Resolution No. 44 (s. 2021)

WHEREAS, during its Second Quarter Meeting on 9 June 2021, the RDC-X Social Development Committee (SDC) sought the RDC-X's support and advocacy of the RNC-X Resolution No. 1 (s. 2020) entitled "Mobilizing LGUs of Northern Mindanao for the First 1000 Days (F1K) Program" to the LGUs, concerned regional line agencies, and other stakeholders in Region X.

**THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED**, on a motion by Mr. Arsenio L. Sebastian III, Co-Chairperson of the RDC-X Macro and Administration Development Administration Committee and seconded by Regional Director Raul C. Alvarez, Jr., CESO III of the Commission on Higher Education Regional Office No. X (CHED-X) and Vice-Chairperson (RLA) of the RDC-X SDC, to support and advocate the RNC-X Resolution No. 1 (s. 2020) entitled "Mobilizing LGUs of Northern Mindanao for the First 1000 Days (F1K) Program" to the LGUs, concerned regional line agencies, and other stakeholders in Region X;

**RESOLVED FURTHER**, for the LGUs, as contained in RNC-X Resolution No. 1 (s. 2020), to ensure the following:

- a) Include and implement programs, projects, and activities that will address or uplift the nutritional status of women of reproductive age particularly the pregnant and lactating women, and children below two years of age, such as but not limited, to the program components identified under Sections 8, 9, and 10 of the "Kalusugan at Nutrisyon ng Mag-Nanay Act" in the formulation or revision/updating of the Local Nutrition Action Plan (LNAP);
- b) Integrate the LNAP in the Local Development Plan and Annual Investment Program of LGUs to ensure adequate funding and allocation, prioritizing projects and activities in the First 1000 Days;
- c) Undertake measures that include but not limited to formulating local policies and unique initiatives to support the implementation of First 1000 Days; and
- d) Monitor and evaluate programs and activities implemented under the First 1000 Days to assess progress of plan implementation, identify strengths and weaknesses in implementing the program, and facilitate re-planning as necessary;

Page 2 of 3

RDC-X Resolution No. 44 (s. 2021)

**RESOLVED FINALLY**, that copies of this resolution be furnished to the National Nutrition Council-Regional Office X, Region X LGUs, DILG-10, members of the RDC-X and its sectoral committees, and other stakeholders for support and consideration.

Approved, 24 June 2021 126<sup>th</sup> RDC-X Full Council Meeting Via Zoom

Certified Correct:

LEONILA G. CAJARTE

Secretary, RDC-X Assistant Regional Director, NEDA-X

Attested:

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MYLAH FAYE AURORA B. CARIÑO, CESO III Vice-Chairperson, RDC-X Regional Director, NEDA-X

Approved:

ENGR. MCDESTO C. BABAYLAN, DM Co-Chairperson, RDC-X RDC-X Private Sector Representative (Presiding Officer)